

Magnolia Cafe & Bakery's 2019 Winter Fit Meals

Week 1

Monday

Broccoli Stuffed Chicken Breast

Tuesday

Spaghetti Squash Au Grain

Wednesday

Roasted Vegetable Pita Sandwich

Thursday

Healthy Grilled Cheese

Friday

Fish Tacos

Week 2

Monday

Skinny White Chicken Enchiladas

Tuesday

Turkey Burger

Wednesday

Vegetable Gumbo

Thursday

Turkey Chili

Friday

Turkey Taco Spaghetti Squash Boat

